

THE EVEN KEEL

A JOINT PUBLICATION OF MAINSTAY AT SEATTLE CENTRAL AND SAILS

Workforce Inclusion is Our Passion

Autumnal Greetings Friends of Mainstay and SAILS

I love fall in the Pacific Northwest -- how at a certain moment in October, you realize the air is no longer hot and muggy but cool and moist. Daylight hours slowly diminish, and of course, the glorious changing colors abound. Around here, pumpkin lattes appear--actually pumpkin everything if you shop at Trader Joe's! Also, October is the time of year when National Disability Employment Awareness Month (NDEAM) occurs.



NDEAM, led by The US Department of Labor's Office of Disability Employment Policy, highlights the history and contributions of American workers with disabilities. Hundreds of employers across the country recognize NDEAM as an opportunity to focus on creating more accessible and inclusive work places.

Promoting inclusion and access for people with disabilities in the work force is our passion. ***We believe to live and work in the community of your choice is not only empowering but is a fundamental human right. We know YOU do, too!*** To help us further spread this message, we proudly launch the Mainstay|SAILS volunteer Leadership Team. Read below to find out more about how you can give your time, treasure, and talents to empower workers and students with disabilities.

You truly make a difference.

Alison McCormick

Director of Mainstay and SAILS

Save the Date! Mainstay|SAILS Holiday Party December 6th!

Announcing New Program to Serve High School First Time Job Seekers

Mainstay|SAILS is excited to announce a new endeavor in continued partnership with the Division of Vocational Rehabilitation and local high schools: **Pre Employment and Transition Services (Pre ETS)**. This joint program provides job-readiness training and experiences to prepare students towards their first job.

The goal of Pre ETS is to help students gain confidence in job seeking by teaching about the types of work available and helping to match student strengths and interests to jobs.

If you have an interested student or are an organization/business offering a job connection, please contact Anja Post, Anja.Post@SeattleColleges.edu or 206-890-8716.

62%
OF SCHOOL TO WORK STUDENTS
WHO ARE NOT WORKING BY AGE 21,
WILL **NEVER** WORK.

Mainstay|SAILS to Launch Volunteer Leadership Team

If you believe that inclusion and access to employment and education is a basic human right- we have an outstanding opportunity available for you. Join the Mainstay|SAILS' new volunteer Leadership Team and give your voice to job-ready employees and motivated students to make a positive impact in the community.

The Leadership Team will advise and fundraise on behalf of Mainstay|SAILS in support of clients and mission. This group will meet quarterly to shape new opportunities and ideas for Mainstay|SAILS. If you would like more information or to apply to join the Mainstay|SAILS Leadership Team please contact Rebecca Jansson, Rebecca.Jansson@SeattleColleges.edu. Limited seats available.

Not Just Surviving– THRIVING in College!

Supported Academics and Independent Life Skills (SAILS) is in high gear as our cohort of 2018-2019 students have started navigating the waters of Seattle Central College. Eleven students are charting new territory with support from SAILS. **From tutoring to time management, SAILS helps students stay focused on their studies.**

One superstar SAILS student, Morgan, is on a path to greatness!

When Morgan first entered the SAILS program in Winter Quarter 2017, his high school teachers had given him high praise, and he came with many positive recommendations. We would soon discover Morgan possesses one of the best qualities for success in college: DRIVE. Morgan has shown us what it takes to be successful, his drive to do well and how to enjoy his college experience. For example, after completing the Career Exploration course at SCC, Morgan decided that he has a love of the arts and has started to take drawing and design classes.

In addition to being a talented artist, Morgan has become a steady volunteer at Washington Talking Book and Braille Library. Currently, he is a member of Phi Theta Kappa, Seattle Central's National Honor Society. **He is proof that students with learning differences not only do well in college but have the potential to be among the best of best. Way to go, Morgan!**



National Disability Employment Awareness Month – October

Workplaces welcoming of the talents of all people, including people with disabilities, are a critical part of inclusive community. Mainstay|SAILS is proud to support National Disability Employment Awareness Month (NDEAM). Observed each October, NDEAM was declared in 1988 by the United States Congress to celebrate the contributions of workers with disabilities and educate about the value of a workforce inclusive of their skills and talents.

NDEAM educates about disability employment and celebrates the many and varied contributions of America's workers with disabilities. Throughout the month, Mainstay|SAILS will be promoting NDEAM to help spread the word about this important month of recognition.

